

motherduck

COFFEE

(SERVED AT 60-62 DEGREES UNLESS OTHERWISE REQUESTED)

ESPRESSO, RISTRETTO	3
MACCHIATO, PICCOLO	3.70
LATTE, CAPPUCCINO, FLAT WHITE,	
LONG BLACK, MOCHA, SPICED CHAI, TURMERIC LATTE	4

EXTRAS

MUG	+1
ESPRESSO SHOT	+50c
HONEY	+50c
DECAF	+70c
HAPPY HAPPY SOY BOY, MILK LAB ALMOND, LACTOSE FREE	+70c

ICED COFFEE

ADD ICED CREAM	+2
VIETNAMESE ICED COFFEE	6

BULLET PROOF COFFEE

LONG BLACK AND MCT OIL AND GHEE OR COCONUT OIL AND BUTTER	+6
ADD CREAM	+50c

TEA CATCHER TEAS

SMALL POT - 3.50 LARGE POT - 5.50

CHAI, ENGLISH BREAKFAST, EARL GREY, JASMINE, OOLONG, PEPPERMINT

GROUNDLED PLEASURES HOT CHOCOLATE

CHOCOLATE, MINT CHOCOLATE, ORANGE CHOCOLATE	4
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AVAILABLE AS ICED CHOCOLATE	+2
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HEALTHY CHEF NAKED MYLK CHOCOLAT

ORGANIC CACAO, CARAMEL AND TAHITIAN VANILLA BEAN	4
SUGAR FREE, GLUTEN FREE, DAIRY FREE, SOY FREE, NON GMO	

MILKSHAKES

LARGE - 7.50 KIDS - 4.50

VANILLA, CARAMEL
FRESH STRAWBERRY, FRESH BANANA
CHOCOLATE, MINT CHOCOLATE, ORANGE CHOCOLATE

MOUNTAIN FRESH JUICES

ORANGE, TROPICAL	4.50
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THE JUICE LAB JUICES

4.50

RISE + SHINE

ORANGE, GOULBURN VALLEY PEAR, COCONUT WATER, MANGO,
PASSIONFRUIT, LEMON MYRTLE

LOVE POTION

PINK LADY APPLE, RASPBERRY, BOYSENBERRY, MINT, LEMON, ROSE
WATER

GIMME GREEN

GOULBURN VALLEY PEAR, PINK LADY APPLE, BANANA, CUCUMBER, KALE,
CAYENNE PEPPER

SMOOTHIES

9.50

ENERGY HIT

BERRIES, BANANA, ALMOND MILK AND DATES

MAGICAL MANGO

MANGO, BANANA, ORANGE JUICE AND GREEK YOGHURT

KETO 1.0

ALMOND MILK, AVOCADO, MCT OIL, CHOCOLATE PROTEIN, ALMOND BUTTER
AND SWEETENER

WTF COFFEE

ESPRESSO SHOT, ALMOND MILK, GREEK YOGHURT, ALMOND BUTTER,
COCONUT CREAM AND SWEETENER

CHOC NUT PROTEIN

CHOCOLATE PROTEIN, ALMOND MILK, BANANA AND PEANUT BUTTER

REMEDY KOMBUCHA

5

GINGER LEMON
RASPBERRY LEMONADE
LEMON, LIME AND MINT

SOFT DRINKS

4.50

COKE, DIET COKE
BUNDABERG LEMON LIME AND BITTERS
FEVER TREE LEMONADE
ANTIPODES SPARKLING WATER

BRUNCH
ALL

TOAST	7	BREAKFAST HASH	22
TWO SLICES OF SOURDOUGH AND BUTTER WITH YOUR CHOICE OF JAM, HONEY, OR VEGEMITE		BACON, KALE, CARAMELISED ONION AND BRUSSEL SPROUT HASH WITH FRIED EGGS, SUN-DRIED TOMATO PESTO, AND BACON GRANOLA	
FRUIT AND NUT TOAST	+1.50	K, GF	
GLUTEN FREE TOAST	+2		
BERRY PARFAIT	15	SMASHED AVOCADO	19
GREEK YOGHURT, BERRY COMPOTE, HOUSE GRANOLA, FRESH RASPBERRIES AND DOUBLE CREAM		AVOCADO, CHERRY TOMATOES, RADISH, CHIVES AND PERSIAN FETA ON SOURDOUGH TOAST WITH BEETROOT HOMMUS	
V, K, GF		V, VGO	
EGGS YOUR WAY	10	GFO	+2
SERVED ON SOURDOUGH TOAST		PUMPKIN PATCH	22
GFO	+1	ROASTED PUMPKIN, SUN-DRIED TOMATO PESTO, RADISH, CHIVES AND PERSIAN FETA ON SOURDOUGH TOAST WITH POACHED EGGS, CRISPY KALE AND DUKKAH	
SIDES		V, VGO	
TOMATO RELISH	+50c	GFO	+2
EXTRA TOAST, EXTRA EGG	+2 EA	FIELD MUSHROOMS	21
ROASTED TOMATO, AVOCADO, BABY SPINACH, MUSHROOM	+4 EA	ROASTED MUSHROOMS, CAULIFLOWER AND TURMERIC PUREE, PERSIAN FETA, PROSCIUTTO, POACHED EGGS, CRISPY KALE AND BRIOCHE CRUMB	
BACON, PORK CHIPOLATAS, CHORIZO, SMOKED SALMON, HALLOUMI	+5 EA	VO, GFO	
BACON AND EGG ROLL	15	TURKISH EGGS	20
BACON, EGG, SMOKED CHEDDAR, TOMATO RELISH AND GREENS ON A TOASTED MILK BUN		FRIED EGGS, BURNT CHILLI BUTTER, CHORIZO, HERBED YOGHURT, AND SUN-DRIED TOMATO PESTO ON GRILLED FLATBREAD	
VO		VO	
GFO	+2	HOTCAKES	16
FULL SPREAD	24	SERVED WITH VANILLA ICE-CREAM, STRAWBERRY COULIS, SEASONAL FRUIT AND MAPLE SYRUP	
EGGS YOUR WAY ON SOURDOUGH TOAST WITH BACON, PORK CHIPOLATA, CHORIZO, ROASTED TOMATO, MUSHROOM AND AVOCADO		V	
GFO	+1	GFO (BUCKWHEAT PANCAKES)	+1
BUDDHA BOWL	22	VGO (BUCKWHEAT PANCAKES + COCONUT ICE-CREAM)	+2
SMOKED SALMON, POACHED EGGS, HALLOUMI, KIMCHI, BABY SPINACH, AVOCADO, RADISH AND ALFALFA SPROUTS			
VO, K, GF			

A SELECTION OF SWEETS AVAILABLE IN OUR CAKE FRIDGE BELOW THE BAR
PUBLIC HOLIDAYS INCUR A 15% SURCHARGE

PLEASE NOTIFY STAFF OF ANY DIETARY REQUIREMENTS

WE RESERVE THE RIGHT TO DECLINE MENU ALTERATIONS DURING BUSY PERIODS, DIRECT SWAP OF A MENU ITEM - ADD \$1.00

V - VEGETARIAN VO - VEGETARIAN OPTION AVAILABLE VG - VEGAN VGO - VEGAN OPTION AVAILABLE K - KETO GF - GLUTEN FREE GFO - GLUTEN FREE OPTION AVAILABLE

SHARE PLATTERS

FROM 11:30

SHARE PLATTERS

A SELECTION OF CHEESES AND CRACKERS	25
A SELECTION OF MEATS, CHEESES, ANTIPASTI AND BREAD	36
GFO	+2

TRIO OF DIPS

A SELECTION OF DIPS WITH GRILLED PITA	15
GFO	+2

LUNCH

FROM 11:30

CHEESE BURGER	22
GROUND BEEF PATTY, AMERICAN CHEESE, BURGER SAUCE, LETTUCE, TOMATO, RED ONION, AND PICKLES ON A TOASTED MILK BUN WITH A SIDE OF NACHOS	
GFO	+2
BUNLESS (WITH AVOCADO)	NO EXTRA CHARGE

VEGGIE BURGER	22
BEETROOT AND BLACK BEAN PATTY, KIMCHI, HALLOUMI, BABY SPINACH, ALFALFA SPROUTS AND SRIRACHA MAYO ON A TOASTED WHOLEMEAL ROLL WITH A SIDE OF NACHOS	
V, VGO	
GFO	+2
BUNLESS (WITH AVOCADO)	NO EXTRA CHARGE

BRAINPOWER SALAD	22
RAW KALE, GRILLED CHICKEN, ROASTED TURMERIC CAULIFLOWER, RED ONION AND CASHEW WITH PARMESAN TAHINI DRESSING	
VO, K, GF	

MOROCCAN SALAD	20
PEARL COUS-COUS, ROASTED VEGETABLES, HALLOUMI, MINT LABNEH, DUKKAH AND GREENS	
V, VGO	

POKE BOWL	22
SMOKED SALMON, EDAMAME, WAKAME, PICKLED GINGER, CUCUMBER, AVOCADO, RADISH AND SUSHI RICE	
VO, VGO, GF	

RUEBEN SANDWICH	15
PULLED PORK, SWISS CHEESE, PURPLE SAUERKRAUT, PICKLES AND RUSSIAN DRESSING ON TOASTED RYE	
GFO	+2

THE BIG BIRD	13
TURKEY, CARAMELISED ONION, HALLOUMI, ROASTED CAPSICUM, ZUCCHINI, AVOCADO AND BABY SPINACH ON A TOASTED CIABATTA ROLL	
GFO	+2

THE ROAMING CHOOK	13
CHICKEN, BRIE, MANGO AND PEACH CHUTNEY AND GREENS ON A TOASTED CIABATTA ROLL	
GFO	+2

THE VEGGIE PATCH	13
ROASTED PUMPKIN, CAPSICUM, EGGPLANT, SUNDRIED TOMATO, KALE PESTO, AVOCADO AND ALFALFA ON A TOASTED CIABATTA ROLL	
V, VG	
GFO	+2

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ALCOHOLIC

CIDER

SIDEWOOD APPLE OR PEAR 5% - 330ML 8.50
ADELAIDE HILLS, SA

BEER

COOPERS PREMIUM LIGHT 2.9% - 375ML 7.50
ADELAIDE, SA
AN ALL MALT BREW WITH NO ADDED SUGAR, OUR GOLDEN HUED LIGHT HAS A FRESH AROMA, WITH CLEAN FLORAL HOP NOTES AND AN EXCELLENT HEAD.

MATSO'S GINGER BEER - 3.5% - 330ML 8.50
BROOME, WA
BORN OUT OF WA'S KIMBERLEY AND NOW SHARED ACROSS THE COUNTRY, MATSO'S ALCOHOLIC GINGER BEER IS THE PERFECT WAY TO ESCAPE THE ORDINARY.

CORONA EXTRA 4.5% - 355ML 8.00
MEXICO
CORONA EXTRA IS THE AUTHENTIC, EASY-TO-ENJOY BEER THAT ENHANCES LIVES MEANINGFUL MOMENTS FOR MEN AND WOMEN EVERYWHERE. THE UNMISTAKABLE COLOUR, THE ONE-OF-A-KIND TASTE AND THE UNPARALLELED FLAVOUR OF THE MEXICAN HERITAGE ENSURE CORONA AS ONE OF THE MOST RECOGNISABLE BOTTLES IN THE WORLD.

SWELL GOLDEN ALE 4.5% - 330ML 9.00
MCLAREN VALE, SA
THIS LIGHT STYLE ALE IS GOLDEN IN COLOUR AND MILDLY BITTER WITH MILD TO MODERATE MALTINESS. IT HAS A GREAT FLORAL AND PASSIONFRUIT AROMA. A GREAT SUMMER SESSION BEER.

COOPERS PALE ALE 4.5% - 375ML 8.00
ADELAIDE, SA
THIS BEER IS A DEEP GOLDEN COLOUR AND POURS WITH A GENEROUS LEVEL OF FOAM. TO UNLOCK ITS FULL FLAVOUR POTENTIAL, MAKE SURE TO ROLL BEFORE POURING. NO ADDITIVES. NO PRESERVATIVES.

PIRATE LIFE PALE ALE 5.4% - 355ML 9.00
HINDMARSH, SA
WHILE HOPS ARE CENTRAL AGAIN HERE... THEY'RE DEEPER AND DARKER THAN THOSE FOUND IN THE THROWBACK OR IPA, WITH SOME OF THAT PINE FOREST FLOOR CHARACTER YOU EXPECT FROM OLD SCHOOL WEST COAST HOPS ALONGSIDE THE CITRUS ELEMENTS, AND ARE JOINED BY PROMINENT SHARP CARAMEL MALTS TO CREATE A CREAMY LUSHNESS ON THE PALATE. THERE'S SOMETHING HERBAL THERE TOO AND A HEARTY BITTERNESS TO WRAP THINGS UP.

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APPLEWOOD GIN - ADELAIDE HILLS 11
SERVED WITH FEVER TREE INDIAN TONIC AND JUNIPER BERRIES

ROKU GIN - JAPAN 11
SERVED WITH FEVER TREE INDIAN TONIC AND CUCUMBER

78 DEGREE SUNSET GIN - ADELAIDE HILLS 11
SERVED WITH FEVER TREE INDIAN TONIC, STRAWBERRIES AND THYME

SPARKLING WINE

	GLASS	BOTTLE
TEMPUS 2 BLANC DE BLANC ADELAIDE HILLS, SA	8	28

WHITE WINE

	GLASS	BOTTLE
ATLAS ROSÉ CLARE VALLEY, SA	8.50	32

SIDEWOOD SAUVIGNON BLANC ADELAIDE HILLS, SA	8.50	32
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TIM GRAMP RIESLING CLARE VALLEY, SA		32
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HUGO CHARDONNAY MCLAREN VALE, SA	9	34
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RED WINE

	GLASS	BOTTLE
CHARLES MELTON FATHER IN LAW SHIRAZ BAROSSA VALLEY, SA	10	38

HITHER & YON TEMPRANILLO MCLAREN VALE, SA		34
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BLEASDALE MULBERRY TREE CABERNET SAUVIGNON LANGHORNE CREEK, SA		35
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